

Prepared using
quality local
ingredients

GLASSON LAKEHOUSE

Celebrating
the best of
Irish produce

VEGAN MENU

Soup of The Day

Served with sourdough bread (1a) 8

Tofu Gambas

Marinated tofu cooked in a tomato, garlic & chilli oil, served hot in a terracotta dish with artisan sourdough

(1a,10) 14

Glasson Seasonal Salad

Mixed leaves with tomato & herb couscous, Asian-dressed carrot slaw, picked shallots, roast chickpea's & kale, crispy capers and herb vinaigrette

(1a,10,11,12,13) 14

Stuffed Portobello Mushrooms

Spinach & halloumi style cheese topped portobello mushrooms, Tuscan beans & crispy kale 20

Sundried Tomato & Basil Gnocchi

Herb velouté, sauteed garden greens & toasted sunflower seeds (10,13) 21.00

SIDES

Lyonnaise potato's 6

Hand cut fries 6

Sweet potato fries 6

Sauteed greens 6

ALLERGEN KEY: 1 Gluten (A-Wheat, B- Spelt C-Khorasan, D-Rye, E-Barley F-Oats)/2 Peanuts/3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macadamia, H-Walnut/4 Milk/5 Crustaceans (A-Crab, B- Lobster, C-Crayfish, D-Shrimp)/6 Mollusc/7 Eggs/8 Fish/9 Celery/10 Soya/11 Sesame Seeds/12 Mustard/13 Sulphur dioxide & sulphites/14 Lupin

Customers: All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. Please ask our staff should you have additional queries. All of Beef is of Irish origin.

A 12.5% service charge will be added to parties of 6 or more.

Sweet Auburn,
loveliest village
of the plain,

Where health
and plenty cheered
the labouring swain,

Where smiling
spring its earliest
visit paid,

And parting
summer's lingering
blooms delayed